

Study Guide

Discover a brief overview of each lesson

vediclifecoaching

Lesson summaries

This handy guide will show you what is in each lesson on Patreon,
<https://www.patreon.com/c/VedicLifeCoach>

Lesson 1: Where are we?

In this lesson, we take a look at where earth is in relation to neighbouring planets. We look at how to read charts from earth's point of view – but what if we read a chart on Mars? I cover what tools you might like to have, from software to a simple compass.

Lesson 2: Chart styles

There is a handout for this lesson. It covers:

- symbols for the planets
- symbols for the signs
- an introduction to different charts
- a look at the North Indian chart

Lesson 3: Let's read and draw charts

There is a handout for this lesson. It covers:

- how to read a North Indian Style chart
- how to read signs in a chart
- how to read planets in a chart

Lesson 4: More chart styles and degrees

There is a handout for this lesson. It covers:

- how to read South Indian and Bengali style charts
- how to read degrees in a chart
- maps of Directional Strength, Elements, Gender, Modes
- a glossary of Common Vedic Terms

Lesson 5: Chart layers ~ original houses, signs and nakshatras

There is a handout for this lesson. It covers:

- how to read the layers of a chart
- exalted and debilitated planet degrees
- nakshatra wheel diagram
- basic nakshatra degree table

Lesson 5 continued: Chart examples

There is a handout for this lesson. It covers:

- nakshatra degrees extended table
- gandanta points listed
- how to read debilitations, exaltations and gandanta points

Lesson 6: Friends and enemies

There is a handout for this lesson. It covers:

- pen portraits of the planets
- natural friends and enemies table (essential to memorise)
- temporary friends and enemies

Lesson 7: Houses 1 through 6

There is a handout for this lesson. It covers:

- description of the Lagna
- descriptions of all houses from 2 to 6

Lesson 8: Houses 7 through 12

There is a handout for this lesson. It covers:

- descriptions of houses 7 through to 12

Lesson 9: Planets, signs and lords

There is a handout for this lesson. It covers:

- signs and lords defined and listed
- planet features lists (includes people, colours, constitution, qualities, gemstones)
- 12 signs, their lords and their symbols

Lesson 10: More planet and sign meanings

There is a handout for this lesson. It covers:

- planet features lists
- sign features lists

Lesson 11: Bhava karakas

There is a handout for this lesson. It covers:

- table indicating bhava karakas (worth memorising)

Lesson 12: Planetary aspects

There is a handout for this lesson. It covers:

- trikona and kendra aspects defined
- aspect percentages (as defined by Ernst Wilhelm)

Lesson 13: Elements

There is a handout for this lesson. It covers:

- elements table
- elements in a North Indian Style Chart

Lesson 14: Four goals of life

There is a handout for this lesson. It covers:

- dharma, artha, kama and moksha defined in the chart and via explanations
- Indian seasons listed and defined
- tropical dates for signs versus sidereal dates for sign
- times of the day mapped on a North Indian Style Chart

Lesson 15: Three bodies

There is a handout for this lesson. It covers:

- introduction to Aryurveda
- 3 main bodies defined: physical (etheric), emotional (astral), mental (causal)
- 3 doshas (constitutional types: vatta, pitta, kapha)
- nature of the planets – benefic, malefic
- 3 gunas: sattva, rajas, tamas

Lesson 16: How to read the Moon

There is a handout for this lesson. It covers:

- how to read a waxing or waning Moon
- how to read eclipses

Lesson 17: How to read Moon charts

There is a handout for this lesson. It covers:

- how to take a regular chart and read it from the Moon's perspective

Lesson 17 Zoom Class: example Moon charts

- sample charts covered: Albert Einstein, Jordan Peterson, Osho Rajneesh, Byron Katie, Chuck Spezzano, Esther Hicks, Jane Leeves, Kiki Dee

Lesson 18: Introduction to Nakshatras

There is a handout for this lesson. It covers:

- nakshatra length as per degrees
- descriptions of Nakshatras through to Purva Phalguni, includes fixed stars

Lesson 18 Zoom Class: Nakshatra examples

- sample charts covered: Rachael Gunn, Karl Lagerfeld, Julian Assange, Dale Tryon, Blake Lively, Caroline Myss, Princess Diana

Lesson 19: Nakshatras continued

There is a handout for this lesson. It covers:

- complete Nakshatra guide, all nakshatras defined
- has a handy side strip that shows you which nakshatra belongs to which sun sign

Lesson 19 Zoom Class: More Nakshatra examples

- sample charts covered: Princess Diana, Charlie Teo, David Frawley, Sean Combs, Elizabeth Holmes, Laura Ramoso, Howard Hughes, Donald J Trump

Lesson 20 Zoom Class: Introducing the Vimshottari Dasha

- sample charts covered: Louise Thompson, Kate Middleton, Beyonce Knowles, Bill Gates, Queen Elizabeth II, Queen Margarethe II of Denmark, King Charles

Lesson 21: More Vimshottari Dasha

There is a handout for this lesson. It covers:

- table that visually shows how long each Mahadasha is
- Mahadasha contrasts listed and defined
- how to read Dasha Sandhi

Lesson 21 Zoom Class: Mahadasha examples

• sample charts covered: United States of America, Frank Lloyd Wright, Norman Finklestein, David Icke, Fred Astaire

Lesson 22: Transits

There is a handout for this lesson. It covers:

- orbital plane diagram
- sizes of planets and distances
- how long is the transit of one year?
- how long is the transit of one day?
- how long does it take to transit a sign?
- what are stationing planets? what is a retrograde?
- Gochar from the Moon – transit diagram by Ernst Wilhelm

Lesson 22 Zoom Class: Transit examples

• sample charts covered: United States of America, Bill Gates, Rupert Murdoch, King Charles, Elon Musk,

Lesson 22 Zoom Class: More transit examples

• we look in depth at retrograde, stationary retrograde and stationary direct

Lesson 23: Introducing Ra/Ke axis

There is no handout for this lesson. However, we cover

- the mythology behind Ra/Ke axis
- and how the 5th chakra is like a battlefield in our lives

Lesson 24: Introducing Yogas

There is a handout for this lesson. It covers:

- Neecha Bhanga Raj Yoga
- Parivartana Exchange
- Ruchaka Mahaparusha Yoga
- Bhadra Mahaparusha Yoga
- Hamsa Mahaparusha Yoga
- Malavya Mahaparusha Yoga
- Shasha Mahaparusha Yoga

Lesson 25: Base Camp Point!

In this lesson, we have some fun, and we'll use the stars to paint astrological portraits of famous characters in George Lucas's original Star Wars trilogy. This episode is the equivalent to when the teacher would play a film at the end of the year on the last day of school (that's what used to happen when I was a kid growing up in Australia!).

Lesson 26: Gaja Kesari Yoga

Gaja Kesari Yoga is one of the easiest yogas to spot, and it happens quite frequently too – it is simply defined by Jupiter being in an angle/kendra to the Moon. Jupiter can be conjunct the Moon or opposite the Moon as well. And that's it, nice and simple :))

Lesson 27: Vallaki and Daamini Yoga

There is a handout for this lesson. It covers:

- Sankya Yoga Set
- Nabhasa Yoga Set

Lesson 28: Raj and Dhana Yogas

In this lesson, we learn how to read a simple Raj yoga and Dhana yoga. In the example charts, we'll take a look at Bruce Lee and Oprah Winfrey.

Lesson 29: Stellium

What does it mean to have a stellium in a chart? Well, in my definition, it's simply when 4 or more planets are found together in one house. We'll explore this phenomenon with lots of sample charts and some experience of my own.

Lesson 30: Blemishes, Dusthana House Lords and Vipreet Raj Yoga

There is a handout for this lesson. In this lesson, we're going to look at how to work out the karma indicated by a chart. By looking at a lot of charts over time, you will build an intuition that will help you determine when a planet is delivering difficulty/hardship versus when that very same planet is bringing benefits/successes.

Lesson 31: Muhurta, choosing an auspicious date

In this episode, we will learn how to look ahead in time to pick an auspicious date for a client request. Whenever you are looking ahead at a date or potential window of time, it's important to also check in with your intuition first – you will be guided intuitively as to whether or not it's a good idea to use the vedic system to pinpoint future dates (or not).

Lesson 32: Cazimi, combustion and the prolific creativity of a dry Sun

In this lesson, we are going to get to know the Sun better than ever. We'll explore the concept of cazimi, combustion and what happens when the Sun is very dry in a person's chart (so little connection with water – ie the Sun has little connection with Venus/Moon. eg if Venus/Moon are on the line of the Sun or close to the Sun, they too become more dry potentially – my theory is that the person is a little less emotional, but more able to be outwardly creative/expressive in the world).

Lesson 33: house types, vargottama and miracle degree

There is a handout for this lesson. It covers:

Manglik, Maraka houses, Uppachaya houses, Kendras, Panaparas, Aplikomas, Vargottama, Miracle Degree, Avashtas and Planetary War.

Rahu/Ketu Course

In this course, we'll cover how to read Rahu/Ketu, the major theme of a person's life. When studying your own Rahu/Ketu axis, it's important to watch both the sign Rahu/Ketu videos (in both directions, because both directions will give you vital clues about your own life goals) and it's important to watch from the perspective of your houses as well.

i: Reading Ketu ~ Ketu keeps the score

There is a handout for this lesson. It covers:

- Guidance on how to read Ketu in a birth chart

ii: Reading Rahu ~ North Node of the Moon

There is a handout for this lesson. It covers:

- Guidance on how to read Rahu in a birth chart

iii: The chasm between Rahu and Ketu

There is a handout for this lesson. It covers:

- How to read the divide between the two symbolically

iv: Ketu 1st house ~ Rahu 7th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

v: Ketu 7th house ~ Rahu 1st house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

vi: Ketu 2nd house ~ Rahu 8th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

vii: Ketu 8th house ~ Rahu 2nd house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

viii: Ketu 3rd house ~ Rahu 9th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

ix: Ketu 9th house ~ Rahu 3rd house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

x: Ketu 4th house ~ Rahu 10th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

xi: Ketu 10th house ~ Rahu 4th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

xii: Ketu 5th house ~ Rahu 11th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

xiii: Ketu 11th house ~ Rahu 5th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

xiv: Ketu 6th house ~ Rahu 12th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

xv: Ketu 12th house ~ Rahu 6th house

There is a handout for this lesson. It covers:

- How to read the axis, with stimulus videos and case study charts

Lordships Course

In this course, we'll explore signs in depth and every PDF in every lesson will explain how each lord works through the houses. In this course, the PDFs are more important than the video – in the videos of this course, we will have some fun trying to figure out what each ascendant looks like, but the main content of this course will be found in the PDF downloads that are provided with each lesson.

1L: Reading the first lord through the houses

Published on 22 August 2025, in this lesson we explore what makes an Aries person tick, what do they look like and how the first lord operates in all the houses.

2L: Reading the second lord through the houses

Published on 29 August 2025, in this lesson we explore what makes a Taurus person tick, what do they look like and how the second lord operates in all the houses.

3L: Reading the third lord through the houses

Published on 5 September 2025, in this lesson we explore what makes a Gemini person tick, what do they look like and how the third lord operates in all the houses.

4L: Reading the fourth lord through the houses

Published on 7 November 2025, in this lesson we explore what makes a Cancerian person tick, what do they look like and how the fourth lord operates in all the houses.

5L: Reading the fifth lord through the houses

Published on 14 November 2025, in this lesson we explore what makes a Leo person tick, what do they look like and how the fifth lord operates in all the houses.

6L: Reading the sixth lord through the houses

Published on 21 November 2025, in this lesson we explore what makes a Virgo person tick, what do they look like and how the sixth lord operates in all the houses.

8L: Reading the eighth lord through the houses

Published on 5 December 2025, in this lesson we explore what makes a Scorpion person tick, what do they look like and how the eighth lord operates in all the houses.

9L: Reading the ninth lord through the houses

Published on 12 December 2025, in this lesson we explore what makes an Sagittarius person tick, what do they look like and how the ninth lord operates in all the houses.

10L: Reading the tenth lord through the houses

Published on 2 January 2026, in this lesson we explore what makes an Capricorn person tick, what do they look like and how the tenth lord operates in all the houses.

11L: Reading the eleventh lord through the houses

Published on 9 January 2026, in this lesson we explore what makes an Aquarius person tick, what do they look like and how the eleventh lord operates in all the houses.

12L: Reading the twelfth lord through the houses

Published on 16 January 2026, in this lesson we explore what makes an Pisces person tick, what do they look like and how the twelfth lord operates in all the houses.

Final Lordships Lesson

Published on 30 January 2026, in this lesson we will wrap up the entire series. The PDFs from this lesson are important to download, as they summarise all the lords and they will answer some of the questions that have been raised during the course.

Astrology insights

These videos are fun breakout videos, where we stimulate our imaginations and explore an interesting line of thinking.

Astrology insight: Why do scorpions glow in the dark?

Published 4 July 2024 // a video where we explore Scorpio 8th house

Astrology insight: Aquarius and the God force

Published 13 August 2024 // we explore what a seed sound is – in summary, it contains God

Astrology insight: Sagittarius, intuition and instinct

Published 17 September 2024 // we explore man's higher and lower natures

Astrology insight: Planets 6 places away

Published 3 October 2024 // we explore blind spots in a chart

Astrology insight: Spaceships and bad paint jobs

Published 22 November 2024 // exploring water and fire in charts

Astrology insight: is the Moon like a rabbit?

Published 6 December 2024 // exploring the moon's bunny hopping motion in the sky

Astrology insight: Planets and Duality

Published 24 January 2025 // exploring the dual nature of each planet, light and shadow

Astrology insight: 8/2 Training, experience and resources

Published 7 February 2025 // how 8th house people require experience above all else

Astrology insight: Masculine & feminine energies

Published 18 April 2025 // why feminine energy has its own timing

Astrology insight: Brahmacharya – the way of Mars and the 8th house

Published 2 May 2025 // why feminine energy has its own timing

Astrology insight: Rohini Nakshatra

Published 1 August 2025 // what happens when Saturn is in Rohini in a person's birthchart?

Astrology insight: when Saturn matures

Published 8 August 2025 // what happens to us, psychologically, after age 35/36?

Astrology insight: a fresh take on the elements

Published 19 December 2025 // how to use the elements to understand your life better